

Symbiosis College of Arts and Commerce (An Autonomous College under Savitribai Phule Pune University) LIFE SKILLS COURSE FOR 'DEGREE WITH HONOURS' PROGRAMME

Title of the Course: Team Building and Leadership skills

No. of hours: 45

Course Code: 50404l16

Faculty: Ms. Babita Sanas

Course learning Outcomes

CO 1: Read about aspects of team building.

CO 2: Classify Traits and Essential skills

CO 3: Develop Best Practices for Online Teamwork Success

CO 4: Compare Leaders Vs. Managers

CO 5: Develop importance of Leadership, leadership issues, qualities of a

good leader.

Teaching Methodology:

- Lectures
- Interactive
- Group Discussions
- Role Play and Mock sessions
- Documentaries
- Projects
- Presentations
- Activities

Unit	Contents of the syllabus	Number of Hours
1.	Theories of Leadership	16
	Team Building	
	Definitions	
	Benefits	
2.	Traits and Essential skills	16
	Roles of Team Members	
	Tips for Role Plays	
	Common Pitfalls in Teams	
3.	Outdoor activities	10
	Environmental leadership	
	Best Practices For Online Teamwork Success	

4.	Projects related to team building	3
	Total No of hours	45

Suggested Reference Books

- The 17 Indisputable Laws of Teamwork: Embrace Them and Empower Your Team by John C Maxwell
- The Five Dysfunctions of a Team: A Leadership Fable by Patrick Lencioni
- Crucial Conversations: Tools for Talking When Stakes are High by Kerry Patterson, Joseph Grenny, et al
- T Leaders Eat Last by Simon Sinek
- Talking to Strangers: What We Should Know about the People We Don't Know by Malcolm Gladwell
- Team of Teams: New Rules of Engagement for a Complex World by Stanley McChrystal, Tantum Collins, et al.